

ENJOY THE WALK BUT PLEASE TAKE CARE

Cautions

- Please keep to paths and do not stray near the cliff edge, as the ground can be unstable.
- The walk crosses main roads and a railway line. Please take care.
- Footpaths can become muddy after heavy rain especially in the colder months. Appropriate footwear should be worn.
- Adders are present in some areas. They are harmless if not disturbed, but watch out for them on warm days, especially if there are children and dogs with you.
- There are a number of alternative routes across Beeston Common. If unsure, follow the route, which skirts the southern and south-western edges of the common.

Disabled Access

Only parts of the route beyond the built-up area and the promenade are accessible to wheelchairs. The longest stretch is from the end of Butts Lane in Upper Sheringham, through the village and into Sheringham Park (National Trust) as far as the Hall. All of this stretch consists of wide asphalted paths. A vehicle may be parked in the village and the walk may be extended by taking the asphalted path branching off near the Hall,

which extends as far as the Sheringham Park Visitor Centre, accessed from the A148 Cromer to Holt Road.

Two other relatively short sections of the walk are not as even but have had their surfaces improved to make wheelchair access possible, with care, in dry conditions. The first of these is at the north end of Beeston Common, from the western entrance off the A149 as far as the pond. The second is into the woodland from the southern end of Common Lane. Both have off-road car parking nearby and lead to tranquil and attractive seating areas near ponds.

Public Transport

Parts of the route are served by buses. By careful timing, it is possible to use a bus to cut short the walk and return to the town centre. Suitable bus stops can be found in Common Lane (eastern side), served by both First and Sanders bus services travelling from Cromer towards Sheringham town centre. Buses travelling north along Common Lane turn right at the A149 towards Cromer. Coasthopper buses operated by Norfolk Green may also be hailed where the path from Sheringham Park towards the sea crosses the A149 coast road.



Please note that the above information was correct at the time of publication. Services and timetables are subject to change and all details should be checked via Tourist Information Centres: Tel: (01263) 824329 or 512497
Traveline - Tel: 0870 608 2608 or www.passengertransport.norfolk.gov.uk & www.experiencesheringham.co.uk



Please follow the **Countryside Code** at all times.

1. Be safe - plan ahead, follow advice and local signs. Be prepared for the unexpected
2. Leave gates and property as you find them
3. Protect plants and animals and take your litter home
4. Keep dogs under close control
5. Consider other people
6. Guard against fire

Respect, Protect, Enjoy.

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Discover an exceptional variety of landscapes with amazing views, wildlife and history

A 10 km (6 mile) walk easily broken into short sections.



Edwardian visitors to Sheringham soon discovered that in addition to the sea on its doorstep, the town also has some beautiful countryside in its back yard. Using these suggested routes, today's visitors can follow their example and relish the same stunning views, all year round.

Follow the map and the way-markers. On the Norfolk Coast Path follow the acorn symbol and on the middle section the distinctive Sheringham Trails cone symbol. In Sheringham Park follow the red route past the Hall and gazebo to rejoin the Coastal Path. For more detailed route guidance and information about points along the route, see the separate booklet or download from www.experiencesheringham.co.uk. The full route is 10km (6 miles) which takes at least three hours. There are plenty of places where you can take a shortcut back to the start or join the route partway along. Places where you can park a car, use public transport and stop for refreshments are also marked.

The trails pass over the grassy **cliff-tops** of Beeston Bump, past a 13th century priory and through an award winning SSSI common with **marshes, fens, heaths** and **scrub**, a mosaic of habitats that are home to over 400 flowering plants, 26 butterflies and up to 10 dragonfly species. From this lowland valley in which the common lies, the land rises to wooded hills, part of an ancient glacial landscape. The **woods** are mainly broad-leaved with pockets of planted conifers. Green **lanes** connect the woods with the 19th century grand design of Humphry Repton at Sheringham Park. The **parkland** is a mixture of open grass slopes and woodland with exotic trees flanked by colourful rhododendrons. From the park the trail leads back to the cliffs and rises to Skelding Hill before descending again to the town.

See the separate **Heritage Trail** booklet for information on historic buildings in the town and famous people connected with Sheringham.



* See booklet or www.experiencesheringham.co.uk